



Pre-Op Medication Reference Sheet

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elective surgical or diagnostic procedure.

Instruct patient to take Day-of-Surgery dose (as scheduled) with a small sip of water

Continue up to and including the Day of Surgery:	Take up to Day of Surgery, DO NOT take on the Day of Surgery:	Consult Prescriber. Modifications may be required:	Discontinue <i>prior</i> to surgery:
Alzheimer's Medications Acid Blockers, PPIs: Esomeprazole, Omeprazole, Pantoprazole	ACE inhibitors: Anything ending in –pril Note: Patient may take their evening dose as prescribed.	Antiplatelet: Clopidogrel, Prasugrel, Ticagrelor, Ticlopidine	Metformin: Stop 48 to 72 hours prior If contrast dye to be used for procedure.
Psychotropics/Mood-Stabilizer Medications: Fluvoxamine, Paroxetine, Sertraline, Venlafaxine, Lithium, Valproate, Xanax, Ativan, Benzodiazepines, SSRI, TCAs, Bupropion, SNRI	Angiotensin II receptor blockers: Anything ending in -artan Neurologic Medication: Provigil	Aspirin: IF stents present	Aspirin: If NO Cardiac or Carotid stents present: stop 7 days prior Phentermine: Hold 4 to 7 days prior
MAOIs: See reference chart #1	Direct Renin Inhibitors: Aliskiren, Amturnide, Tekamlo, Tekturna GLP-1 Receptor Agonists:(daily dosing) (Semaglutide, Dulaglutide, etc)	Warfarin (Coumadin)	NSAIDs: Stop 7 days prior. Diclofenac, Ibuprofen, Piroxicam, Aleve, Naprosyn Cox-2-Selective NSAIDs: Celecoxib- <i>May be maintained per surgeon</i>
Anti-Parkinson Medications: Cabidopa, L-Dopa, Levodopa,	Diuretics: Dyazide, Furosemide, HCTZ, chlorthalidone	Dabigatran (Pradaxa)	Herbal Supplements: Stop 7 days prior
Anti-seizure medications: Barbiturates, Carbamazepine, Phenytoin, Sodium Valproate	Particulate antacids: Tums, Maalox Insulin, short-acting (Regular): Novolog, Humalog, Apidra, Novolin R, Humulin R	Rivaroxaban (Xarelto)	Vitamin E: Stop 7 days prior GLP-1 Receptor Agonists:(weekly dosing) (Semaglutide, Dulaglutide, etc) Stop 7 days prior
Beta Blockers: Anything ending in <i>-olol</i>	Iron supplements Gout Therapy: Colchicine	Apixaban (Eliquis)	Erection Medications: Stop 48 hrs prior. Cialis, Levitra,Viagra
Anti-arrhythmic: Amiodarone, Digoxin	Oral Diabetic agents Pulmonary Agents: Theophylline	Heparin, LMWH: Dalteparin, Enoxaparin	Naltrexone: Stop 2- 3 days prior.



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Other Anti-hypertensive and Cardiac Medications: (Alpha-antagonists, Calcium-channel blockers, Nitrates, Vasodilators): Clonidine, Digoxin, Diltiazem, Hydralazine, Isosorbide, Methyldopa, Verapamil, Nifedipine, Hydrazaline, Nitroglycerin Patch	Estrogen compounds not used for birth control purposes Psychostimulants: (ADHD meds) Methylphenidate Pain Medications: Tramadol, Tapentadol, Meperidine	Insulin and Insulin pumps: See reference chart #2
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Immunosuppressant and Rheumatologic Medications: Hold if risk of renal failure and not a transplant patient Adalimumab, Allopurinol, Azathioprine, Cyclosporine, Etanercept, Infliximab, Methotrexate, Sirolimus, Tacrolimus	Pulmonary Agents: Theophylline	Suboxone, Subutex
Steroids: inhaled and/or systemic		
Anti-Virals/Antiretrovirals		
Medications to Control Respiratory Conditions (Asthma/COPD): All Inhalers		
Birth control pills used for pregnancy prevention		
Thyroid Medications		
Medications to control chronic pain: Ex: Oxycontin, MS Contin, Fentanyl Patch, Methadone		



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Selected Herbal/Alternative Medicine -Selective MAO-A Inhibitors	
Generic Name	Comment
Resveratrol	Found in skin of red grapes
Berberine	Found in many herbs (e.g. goldenseal)
Selected Herbal/Alternative Medicine Products - Non-Selective MAO-A and MAO-B Inhibitors	
Generic Name	Comment
Curcumin	Found in turmeric
Harmala alkaloids	Found in tobacco, Syrian rue, passion flower, ayahausca, Tribulus terrestris
Rhodiola Rosea	Active constituents unknown
Selected Herbal/Alternative Medicine Products –Selective MAO-I	
Generic Name	Comment
Catechin	Found in tea plant, cocoa, cat's claw
Desmethoxyyangonin	Found in kava
Epicatechin	Found in tea plant, cocoa, cat's claw
Fo-Ti	Active constituents unknown
Hydroxytyrosol	Found in olive oil
Piperine	Found in pepper
Selected Herbal/Alternative Medicine Products-Selectivity Unknown	
Generic Name	Comment
Myristicin	Found in nutmeg, parsley, dill
Siberian ginseng, Yerba mate, Yohimbe	Active constituents unknown



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MAOI Medications -- Non-selective MAO-A and MAO-B Inhibitors	
Generic Name	Brand Name Examples
Isocarboxazid	Marplan
Isoniazid	Generic only
Linezolid	Zyvox
Phenelzine	Nardil
Procarbazine	Matulane
Tranlycypromine	Parnate
MAOI Medications -- Selective MAO-B Inhibitors	
Generic Name	Brand Name Examples
Rasagiline	Azilect
Selegiline	Eldepryl, Emsam (patch), Zelapar

**Reference Chart #1:
MAOI/Herbals**



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Insulins :	Preoperative Management	
Short and rapid-acting Aspart (NovoLog) Glulisine (Apidra) Lispro (Humalog, Humalog U200) Regular insulin (Humulin R, Novolin R) Powdered Human Insulin (Afrezza) Non-Insulin Injectable: Byetta, Victoza Intermediate-acting Extended zinc insulin (Ultralente) NPH (Humulin N, Novolin N) Zinc insulin (Lente)	Hold dose on the morning of the procedure.	Resume usual dose when eating.
	Take half of usual dose morning of the procedure.	Resume usual dose when eating.
Long acting Detemir (Levemir) Glargine/Toujejo (Lantus)	Continue up to and including the Day of Surgery.	Resume usual dose after the procedure.
Mixed insulins	Take half (50%) of usual dose morning of the procedure.	Resume usual schedule when eating.
Subcutaneous/Basal insulin infusion pumps	Consider a discussion with patient and/or endocrinologist. In general, basal rate can be continued at usual dose, and meal time corrections can be discontinued until the patient is eating.	



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